

Janice T. Jones, Ph.D.

Clinical Psychologist

(Emphasis Area: Adult Cognitive Behavioral Therapy)

Dr. Janice Jones provides direct services to adult clients in both the Adult Outpatient Program and the CalWORKs/GROW Programs in the Division of Psychiatry at Harbor-UCLA. CalWORKs and GROW are welfare-to-work programs that provide therapy to lower-income clients, many who are single parents, to help them overcome mental health barriers to employment and education. Across programs, Dr. Jones conducts Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and other evidence-based practices, and she is a diplomate of the Academy of Cognitive Therapy. She also co-coordinates didactics portions of the training program for psychology externs, postdoctoral fellows, and social work interns. She has been teaching and providing clinical supervision for more than 20 years to psychology graduate students, postdoctoral fellows, and psychiatry residents at Harbor-UCLA as well as previously at the Department of Psychology at UCLA, the Semel Institute for Neuroscience and Human Behavior at UCLA, and Twin Towers Correctional Facility. In addition, Dr. Jones has extensive experience with forensic and correctional populations as well as severe and persistent mental illness and personality disorders, as she worked for over a decade with male and female inmates in the inpatient and outpatient psychiatric units of the Twin Towers Correctional Facility.

Clinical Focus:

- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Personality Disorders
- Mental health barriers to employment
- Severe mental illness, particularly in correctional populations
- Couples therapy

Academic Appointments:

- Assistant Professor, UCLA Department of Psychiatry & Biobehavioral Sciences (2020-present)
- Associate Clinical Professor, UCLA Department of Psychology (2013-2020)
- Assistant Clinical Professor, UCLA Department of Psychology (2005-2013)

Professional Education:

- B.A., Psychology, Wesleyan University
- M.A., Clinical Psychology, UCLA
- Pre-doctoral Internship, UCLA Neuropsychiatric Institute (now UCLA Semel Institute for Neuroscience and Human Behavior)
- Ph.D., Clinical Psychology, UCLA
- Postdoctoral Fellowship, Harbor-UCLA Medical Center and Twin Towers Correctional Facility