**Lisa Althen, Ph.D.**

**Clinical Psychologist**

**(Emphasis Area: TIES for Families)**

Lisa Althen, Ph.D. is a licensed psychologist and has worked for the Los Angeles County Department of Mental Health (DMH) for over 20 years. She is currently a supervising psychologist at TIES for Families – South Bay, a DMH children’s clinic that specializes in adoption, trauma, child welfare-involved children, and early childhood mental health. She received her degree in Clinical Psychology at the California School of Professional Psychology, with an emphasis on health psychology.  She subsequently completed the post-graduate certificate program in Infant-Preschooler Mental Health at the California School of Professional Psychology and then the Napa Infant—Parent Mental Health Fellowship. She specializes in early childhood mental health and trauma treatment and is endorsed in the state of California as an Infant-Family and Early Childhood Mental Health Specialist and Reflective Practice Facilitator II.  She utilizes several evidence- based treatments, including Child-Parent Psychotherapy, Trauma-Focused Cognitive Behavioral Therapy, Mindful Parenting Groups, and the Reflective Parenting Program.  She has a passion for supporting children and their families and for promoting the professional development of others who work with young children.  She provides individual and group reflective supervision for clinicians.  She was the training coordinator for a SAMHSA grant for a system of care for children ages birth through five, and collaborated with agencies serving young children to promote providers’ capacity to serve young children and their families. She continues to provide countywide training in early childhood mental health for Los Angeles County Department of Mental Health providers.

**Clinical Focus:**

* Infant-Parent and Early Childhood Mental Health
* Trauma Treatments
* Adoption
* Parental Reflective Functioning and Child Attachment

**Professional Education:**

* B.A., University of California, San Diego
* M.A., California School of Professional Psychology, Los Angeles
* Predoctoral Internship, Kaiser Permanente, Woodland Hills
* Ph.D., California School of Professional Psychology, Los Angeles