

Astrid Reina, Ph.D.

Chief, Psychology; Director of Training

Director, Behavioral Medicine Services

(Emphasis Area: Behavioral Medicine)

Dr. Reina is a bilingual/bi-cultural Clinical Health Psychologist specializing in women's health (lifespan), maternal/perinatal/postpartum mental health, HIV/AIDS/STD risk reduction and prevention, physician/provider well-being, health disparities, and poverty medicine. Dr. Reina has extensive experience in the integration of mental health and physical conditions within various medical specialties. She directs the HIV Mental Health Service programs for the Department of Mental Health under support of a federal contract with the Department of Public Health and serves as a key collaborator to the Department of Health Services' Office of the Director of Women's Health and Innovations. Dr. Reina also maintains close clinical and research collaborations with OB/Gyn, Family Medicine, Pediatrics, Immunology, General Internal Medicine, and Rheumatology at HUCLA. Dr. Reina's research interests focus on gynecologic cancer health disparities in Latina women, complex pregnancy, and depression and anxiety disorders in primary and specialty care. Training interests include development of specialization in Clinical Health Psychology and Behavioral Medicine, Spanish-language and other culturally congruent skills sets, ethics, and professional development.

Clinical Focus:

- Health Psychology and Behavioral Medicine
- Women's Health, Reproductive Justice, and HIV/AIDS
- Health Disparities and Poverty Medicine
- Physician/Provider Wellbeing

Academic Appointments:

- Associate Professor, Department of Psychiatry and Biobehavioral Sciences, Geffen School of Medicine, UCLA

Professional Education:

- B.A., Psychology, CSU, Dominguez Hills
- M.A., Experimental Psychology, Loma Linda University
- Pre-Doctoral Internship, Kaiser Permanente, Los Angeles
- Ph.D., Clinical Psychology (Emphasis: Biostatistics and Research Methodologies), Loma Linda University
- Post-Doctoral Fellowship, HIV Mental Health and Clinical Psychology, Harbor-UCLA Medical Center and UCLA