

Dorit Saberi, Ph.D.

Supervising Psychologist

Clinical Director- AMI/ABLE Program

(Emphasis Area- Assertive Community Treatment)

Dr. Saberi provides direct services, supervision and teaching in Evidence Based Practices adapted for adults diagnosed with severe and persistent mental illness who are high utilizers of correctional, psychiatric emergency and inpatient services, and are homeless or at risk for homelessness. She teaches courses and seminars in Dialectical Behavior Therapy, Cognitive Behavior Therapy, Prolonged Exposure for [Post-Traumatic Stress Disorder](#), Psychology and the Law, Psychology of Addictions and Psychology of Sexuality. Dr. Saberi is certified as Prolonged Exposure therapist and supervisor. Her training and research interests include treatments for PTSD, especially for culturally diverse, homeless adults, Dialectical Behavior Therapy and Cognitive Behavior Therapy adapted for adults diagnosed with severe and persistent mental illness and multiple co-morbid factors and recidivism in mentally ill offenders. She is currently working on a joint grant with the Trauma Surgery department at Harbor UCLA studying the impact of Prolonged Exposure Therapy on reducing symptoms of Post-Traumatic Stress Disorder following physical injury.

Clinical Focus:

- Treatments for PTSD
- Dialectical Behavior Therapy
- Cognitive Behavioral Therapy
- Assertive Community Treatment and Correctional Psychology

Academic Appointments:

- Associate Professor, Department of Psychiatry and Biobehavioral Sciences, Geffen School of Medicine, UCLA
- Faculty Member, California State University, Long Beach

Professional Education:

- B.A., Psychology, California State University, Northridge
- M.A., Clinical/Community Psychology, California State University, Northridge
- Pre-Doctoral Internship, Colorado State University, Counseling Center
- Ph.D., Counseling Psychology, Arizona State University
- Postdoctoral Fellowship, Forensic Track, Harbor UCLA Medical Center