

Janice T. Jones, Ph.D.

Clinical Psychologist

(Emphasis Area: Adult Cognitive Behavioral Therapy)

Dr. Janice Jones provides services in both the CalWORKs and GROW Programs, as well as the Adult Outpatient Program of the Psychiatry Division. CalWORKs and GROW are welfare-to-work programs that provide therapy to lower-income clients, many who are single parents, to help them overcome mental health barriers to employment and education. In these programs, Dr. Jones conducts Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and other evidence-based practices. She has been teaching and providing clinical supervision for more than 15 years to psychology graduate students, postdoctoral fellows, and psychiatry residents at Harbor-UCLA, the Department of Psychology at UCLA, and previously at the Semel Institute for Neuroscience and Human Behavior at UCLA and Twin Towers Correctional Facility. In addition, Dr. Jones has extensive experience with forensic and correctional populations as well as severe and persistent mental illness, as she worked for over a decade with male and female inmates in the inpatient and outpatient psychiatric units of the Twin Towers Correctional Facility.

Clinical Focus:

- Cognitive Behavioral Therapy for mood and anxiety disorders
- Dialectical Behavioral Therapy for borderline personality disorders
- Mental health barriers to employment
- Severe mental illness, particularly in correctional populations
- Couples therapy

Academic Appointments:

- Associate Clinical Professor, Department of Psychology, UCLA

Professional Education:

- B.A., Psychology, Wesleyan University
- M.A., Clinical Psychology, UCLA
- Pre-doctoral Internship, UCLA Neuropsychiatric Institute (currently UCLA Semel Institute for Neuroscience and Human Behavior)
- Ph.D., Clinical Psychology, UCLA
- Postdoctoral Fellowship, Harbor-UCLA Medical Center and Twin Towers Correctional Facility