

# **Diana Jochai, Ph.D.**

## **Clinical Psychologist**

**(Emphasis Area: Behavioral Medicine)**

Dr. Diana Jochai is a licensed Clinical Health Psychologist specializing in physician/provider professional development and wellbeing, primary care, HIV/AIDS mental health, and women's health. She has extensive experience in evaluation and treatment of acutely/chronically medically ill patients with a broad range of mental health disorders. Her post-doctoral clinical and research training specialized in health and rehabilitation of adult and adolescent patients with history of trauma with psychological and physical sequelae. Dr. Jochai maintains close clinical and academic collaborations with the Department of Family Medicine. She previously served as the behavioral medicine curriculum coordinator, where she taught residents and assisted them in their professional development and integration of the essential motivational and cognitive tools in their clinical practice as patient-centered primary care providers. Her current training interest includes professional development in health and rehabilitation psychology. Dr. Jochai has also been involved in program development/implementation/empirical evaluation with emphasis on prevention of resident-physician burnout, chronic pain, substance use disorders, adolescent health and obesity.

### **Clinical Focus:**

- Health Psychology and Behavioral Medicine
- Physician/Provider Wellbeing
- HIV/AIDS and Women's Health

### **Professional Education:**

- B.S., Psychobiology, University of California, Los Angeles
- M.A., Psychology, Loma Linda University
- Pre-doctoral Internship, Health Psychology, Department of Psychiatry, Henry Ford Health Systems
- Ph.D., Clinical Psychology (Minor: Neuropsychology), Loma Linda University
- Postdoctoral Fellowship, Health Psychology and Rehabilitation, Johns Hopkins University School of Medicine